

NDIS YOUTH SERVICES



Supporting positive life changes along young people's journey towards adult independence.

At Everyday Independence, our youth team supports young people to embrace new opportunities as they move from adolescence to adulthood, providing the right guidance, therapy, and support along the way.

EARLY ADOLESCENCE (9–13)



Becoming Yourself

- Exploring interests and hobbies
- Making positive friendships
- Strengthening self-expression

LATER ADOLESCENCE (14–18)



Becoming Independent

- Keeping physically and mentally healthy
- Navigating educational and vocational choices
- Building self-confidence and resilience

EARLY ADULTHOOD (19–25)



Making Your Own Way

- Living independently
- Accessing vocational training
- Managing finances and employment

A youth team – just for you

Your Youth Lead Practitioner is your go-to person. They bring together the right practitioners at the right time so everyone is working together towards the same outcomes, whether personal, social, educational, or work-related.

YOUTH LEAD PRACTITIONER

EMPOWERING

YOUNG NDIS PARTICIPANTS



FOR ALL ASPECTS OF ADOLESCENT LIFE

Our team of youth practitioners are here to help young people create positive change in every part of their lives – helping build confidence, independence, and a strong sense of self as they move toward their goals.



Personal Life

Developing emotional regulation, resilience and self-confidence.

- ▢ Independent living support
- ▢ Independent life skills development
- ▢ Developing interests and hobbies.



Social Life

Forming friendships, improving communication and feeling connected.

- ▢ Community inclusion
- ▢ Positive behavioural support
- ▢ Social skills development.



Educational Life

Staying engaged in learning, building study skills and planning for the future.

- ▢ Transition to further education
- ▢ Assistive technology for study.



Working Life

Building readiness, finding first jobs and thriving in the workforce.

- ▢ Help accessing employment support funding
- ▢ Vocational assessments
- ▢ Employment programs
- ▢ Psychosocial coaching for working
- ▢ Assistive technology for work.



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If you're ready to take the first step towards more everyday independence, scan the QR code to complete an online enquiry.

Registered NDIS Provider



**everyday
independence**

everydayind.com.au

1300 179 131

Monday – Friday, 8am – 6pm

